2024 COSW ANNUAL RETREAT



COSW Annual Retreat Agenda

Alameda County Health Care Services Agency 1000 San Leandro Blvd., Ste. 325 San Leandro, CA 94577 Saturday, November 2, 2024, 9:00 AM - 1:30 PM



The mission of the Alameda County Commission on the Status of Women (COSW) is to advocate for the women of Alameda County by promoting social equality and ensuring parity across all age groups in critical areas such as housing, employment, healthcare, childcare, elder care, education, transportation, credit access, legal rights, and community services.

COMMISSION MEMBERS			
Nina Senn, Chair	Conference of Mayors		
Susan Burgess-Lent, Vice Chair	District 5		
Guadalupe Angulo, Treasurer	District 2		
Orly Amey, Secretary	District 1		
Kathryn Lybarger	District 5		
Ilham S. Malick	District 2		
Khilynn Fowler	District 3		
Patricia M. Castro	District 3		
Sheweet Yohannes	District 3		
Carlotta Brown	District 4		
Shannon Holbrook	District 5		
Vacant	District 1		
Vacant	District 1		
Vacant	District 2		
Vacant	District 4		
Vacant	District 4		
Vacant	Human Relations Commission		

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Time	Topic	Description	Lead
9:00 - 9:10 AM	Welcome & Roll Call	Purpose of the COSW retreat Reviewagenda	Chair Senn
9:10-9:30 AM	Activity	Ice Breaker	Facilitator Tammy Rice
9:30-10:00 AM	Commission Agreements	Review and update shared guidelines of understanding that foster participation, and encourage inclusivity.	Facilitator Tammy Rice
10-10:30 AM	Explanation of Roles and Bylaws	Review and discuss roles and expectations of Commissioners	Chair Senn
10:30-11:15 AM	2024/2025 Goals and Planning	Forum to discuss the 2024– 2025 COSW Work Plan	Facilitator Tammy Rice

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Time	Activity	Description	Lead
11:15-11:30 AM	2024-2025 COSW Budget	Discuss the budget for the upcoming year	Commissioner Treasurer Angulo
11:30-12:15 AM	Committees & Assignments	Reviewing Commission Committee Assignments & Update Process	Commissioner Amey
12:15-12:45 PM	LUNCH		All
12:45-1:15 PM	Commission & Committee Meetings Times	Discuss COSW & Committee meetings	Commissioner Amey
1:15-1:30 PM	Closing & Next Steps	Wrap up, next steps, and appreciationsClosing activity	Chair Senn & Facilitator Tammy Rice