

RETIREMENT RESIDENCES & CONTINUING CARE RETIREMENT COMMUNITIES

2017-2018 EDITION



SENIOR INFORMATION & ASSISTANCE AREA AGENCY ON AGING



Department of Adult and Aging Services

6955 Foothill Blvd., Suite 143 (1st Floor), Oakland, CA 94605

1-(800) 510-2020 or (510) 577-3530

http://alamedasocialservices.org/public/services/elders_and_disabled_adults/aaa_senior_ia.cfm

Monday – Friday, 8:30am to 5:00pm

RETIREMENT RESIDENCES

Most of the facilities listed in this directory are Retirement Residences which provide independent living in a hotel-like setting. Monthly fees may include meals, housekeeping, and other services. Many facilities also provide assisted living services for an additional monthly fee. Rent is usually paid on a month-to-month basis.

Retirement Residences are distinguished from board and care homes by the presence of professional staff, such as social workers or nutritionists, who help administer services and activities. These services tend to enhance the quality of life for those persons who can afford the higher fees charged by these facilities. They are also desirable for those who enjoy being with persons in their own age and social groups. Persons who are interested in Retirement Residences are encouraged to visit several such facilities before making a choice. There is a great deal of variation from location to location.

CONTINUING CARE RETIREMENT COMMUNITIES

A few of the facilities listed in this directory are Continuing Care Retirement Communities (CCRCs) and are noted as such. CCRCs are designed for older adults who desire an independent lifestyle with the peace of mind knowing that 24-hour assisted living and skilled nursing services are available if needed. Through a long term care contract, these facilities offer their residents continuous care in one location and usually for the lifetime of the resident. Continuing care contracts in California are defined by the California Department of Social Services as follows:

***A continuing care contract** is an agreement between a person 60 years of age or older and a continuing care provider. The contract includes a promise to provide a range of services at a CCRC for a period longer than one year in exchange for payment. Usually, but not always, the promise is effective for the life of the resident. Most continuing care contracts call for payment of an entrance fee and monthly fees. It is the promise to provide care, not the method of payment, which defines a continuing care contract. A continuing care contract may consist of one or a series of agreements.*

***A life care contract** is a specific type of continuing care contract which includes ALL of the following: (1) to provide all levels of care, including acute care and physician's and surgeon's services; (2) to provide care for the resident's life; (3) to provide a comprehensive continuum of care, including skilled nursing, under the ownership and supervision of the provider on, or adjacent to, the premises; (4) that no change will be made in the monthly fee based on level of care or service; and (5) to subsidize residents who become financially unable to pay their monthly care fees.*

The terms and services provided under a continuing care contract vary significantly at different CCRCs. Some CCRCs may offer more than one type of contract.

Entrance fees for CCRCs in Alameda County may range from \$50,000 - \$3million depending upon the size of the apartment unit and the facility selected. In addition to entrance fees, residents must also pay a monthly service charge. It should be noted that prospective applicants are screened, and conditions such as health status and financial portfolios may be considered when applying for admission. Applicants may be expected to have Medicare Parts A and B, however, one should verify this with the administration.

Interested persons are encouraged to contact the California Department of Social Services, Continuing Care Contracts Branch, 744 P Street, M/S8-3-90, Sacramento, CA 95814, 916-657-2592, www.calccrc.ca.gov, for more information regarding contracts with these facilities. One may also wish to consult an elder law attorney regarding the contract.

ALAMEDA

CARDINAL POINT

2431 Mariner Square Drive
Alameda, CA 94501
510-337-1033
www.oakmontofcardinalpoint.com

Continuing Care Retirement Community

Monthly Fees: *Call for current pricing information.*

Services and Amenities include: nurse on staff, restaurant-style dining, housekeeping, 24-hour emergency call system, heated pool, spa, movie theatre, cocktail lounge, beauty salon/barber shop, fitness center, ballroom, free cable TV, free high speed internet.

BERKELEY

THE BERKSHIRE

2235 Sacramento Street
Berkeley, CA 94702
510-841-4844
www.vintagesenior.com/the-berkshire

Independent Living, Assisted Living & Memory Care

Community Fee: \$3,800 (*one-time fee upon entry*)

Monthly Fees: Studios \$3,700 & up; Deluxe Studios \$4,750 & up; One Bedrooms \$5,850 & up. Assisted Living Care Costs \$300 - \$3,000 (*based on the level of care required*).

Services and Amenities include: restaurant-style dining options, all-day snacks available, round-the-clock support, daily schedule of activities, professionally trained staff, medication management, scheduled transportation services, housekeeping and linen room service. Pet friendly.

CASTRO VALLEY

BAYWOOD COURT

21966 Dolores Street
Castro Valley, CA 94546
510-733-2480
www.baywoodcourt.org

Independent Living & Assisted Living

Community Fee: N/A

Monthly Fees: One Bedrooms \$3,229 - \$3,590; Two Bedrooms \$3,992 - \$4,360. Assisted Living: Studios \$4,349 - \$4,506; One Bedrooms \$4,946; Two Bedrooms \$5,710.

Services and Amenities include: scheduled transportation, weekly resident planned trips, woodshop, pool, spa, fitness center, gallery, library, a variety of social programs, putting green, bocce ball, and on-site convenient store.

FREMONT

AEGIS GARDENS

36281 Fremont Boulevard
Fremont, CA 94536
510-739-0909
www.aegisgardens.com

Independent Living, Assisted Living & Dementia Care

Daily Rates: Studios starting at \$148/day; One Bedrooms starting at \$175/day.

Services and Amenities include: Asian oriented community including Asian style cuisine and Asian cultural related activities. Scheduled transportation, housekeeping, laundry, nurse on staff, emergency communications systems, beauty salon, library, and 24-hour snack and drink cafeteria.

FREMONT continued

BROOKDALE FREMONT

2860 Country Drive
Fremont, CA 94536
510-790-1645
www.brookdale.com

Independent Living & Assisted Living

Community Fee: \$2,500 (*one-time fee upon entry*)

Monthly Fees: Independent Living: Studios \$2,925 & up; One Bedrooms \$3,345 & up. Assisted Living: Studios \$3,040 & up; One Bedrooms \$3,480 & up.

Services and Amenities include: housekeeping and linen services, transportation, social activities, fitness programs, 24-hour security and emergency services, heated swimming pool, media room and library. Pet friendly.

FREMONT SENIOR APARTMENTS & ASSISTED LIVING

3800 Walnut Avenue
Fremont, CA 94538
510-505-0555
www.carltonseniorliving.com

Independent Living & Assisted Living

Community Fee: \$4,000 (*one-time fee upon entry*)

Monthly Fees: Studios \$3,295 & up; One Bedrooms \$3,695 & up; Two Bedrooms \$4,995 & up.

Services and Amenities include: weekly housekeeping & laundry services, transportation, emergency call system, social & recreational activities, full service café, restaurant-style dining, utilities included. Respite/trial stays available. Pet friendly.

FREMONT VILLAGE

38801 Hastings Street
Fremont, CA 94536
510-792-5411
www.elderlodging.com

Independent Living, Assisted Living & Memory Care

Administration Fee: \$1,000
(*one-time fee upon entry*)

Monthly Fees: Units start at \$2,895/month; Care Costs range \$265 - \$1680, plus \$10/per point over (*points are determined by needs assessment*).

Services and Amenities include: complete meal service, Snack Café always open, emergency call pendant, weekly laundry service & housekeeping, utilities included (*except private phone*), basic cable TV access and scheduled local transportation.

HAYWARD

CASA SANDOVAL

1200 Russell Way
Hayward, CA 94541
510-727-1700
www.casasandoval.com

Independent Living & Assisted Living

Application Fee: \$500 (*one-time fee*)

Monthly Fees: Studios \$2,500 & up; One Bedrooms \$2,950 - \$3,175; Two Bedrooms \$3,850 - \$4,725. Assisted Living: Care costs range \$750 - \$2,800 (*determined by level of care required*).

Services and Amenities include: weekly linen & laundry service, housekeeping, transportation, physical fitness programs, scheduled activities, weekly resident excursions, daily ice cream socials, covered gated parking, utilities and cable TV, 24-hour staffing, library, recreation lounges, billiard and card game rooms, private dining. Respite stay available. Pet friendly.

HAYWARD continued

LANDMARK VILLA

21000 Mission Boulevard
Hayward, CA 94541
510-276-2872

Independent Living & Assisted Living

Community Fee: \$1,000 - \$5,000 *(one-time fee based on monthly rent options)*

Monthly Fees: Alcove Suites \$2,500 - \$2,900; One Bedrooms \$2,350 - \$2,750; Deluxe One Bedrooms \$2,750 - \$3,150 *(Deluxe units include balcony and open floor plan)* . Care Costs range \$550 - \$2,050 *(determined by the level care required)*.

Services and Amenities include: weekly maid service and laundry, utilities included (except telephone and cable), health clinic, library, exercise, bingo, scenic trips and drives, music, barber & beauty salon, transportation, urgent care response system.

ST. REGIS RETIREMENT CENTER

23950 Mission Boulevard
Hayward, CA 94544
510-881-7888
www.stregiscenter.com

Independent Living, Assisted Living & Memory Care

Community Fee: *Call for current pricing information*

Monthly Fees: Independent Living: Studios \$1,695 & up; One Bedrooms \$2,295 & up; Double Suite \$2,595 & up. Assisted Living: Studios \$2,850 & up; One Bedrooms \$3,595 & up. Memory Care: Semi-private \$3,895 & up; Private \$5,095 & up. Incontinence fee \$300.

Services and Amenities include: weekly housekeeping and laundry services, exercise room, extensive library, in-house barber shop & beauty salon, emergency response system with 24 hour staff support, scheduled transportation for medical appointments, shopping, church services, and social outings, utilities included *(except phone & internet)* .

LIVERMORE

HERITAGE ESTATES

900 E. Stanley Boulevard
Livermore, CA 94550
925-373-3636
www.heritageestatesretirement.com

Independent Living & Assisted Living

Community Fee: *Call for current pricing information*

Monthly Fees: Independent Living: One Bedrooms \$5,560 & up. Assisted Living: One Bedrooms \$5,785 & up. Care costs \$420 & up *(based on care required)* . Income-qualified affordable living options available, call for more details.

Services and Amenities include: concierge services, housekeeping & linen services, activity and game rooms, library, movie theatre, shuttle service, full service spa & salon, restaurant-style dining and landscaped outdoor courtyard.

ROSEWOOD GARDENS

35 Fenton Street
Livermore, CA 94550
925-443-7200
www.rosewoodgardensseniorliving.com

Independent Living, Assisted Living & Memory Care

Monthly Fees: *Call for current pricing information.*

Services and Amenities include: weekly housekeeping, laundry services, scheduled transportation, restaurant-style dining, social & cultural activity programs, beauty & barber shop, 24-hour staffing and emergency call system.

OAKLAND

GRAND LAKE GARDENS

401 Santa Clara Avenue
Oakland, CA 94610
510-893-3329
www.grandlakegardens.com

Continuing Care Retirement Community

Entrance Fee: \$57,000 - \$160,000 (*one-time fee upon entry*)

Monthly Fees: Independent Living: \$2,500 - \$4,050.

Services and Amenities include: restaurant-style dining, movie theatre, variety of wellness classes and life-enriching activities, housekeeping, scheduled transportation, 24/7 security and emergency call system, and utilities included.

THE LAKE MERRITT

1800 Madison Street
Oakland, CA 94612
510-903-3600
www.thelakemerrittsenior.com

Independent Living

Community Fee: \$6,000 (*one-time fee upon entry*)

Monthly Fees: Parlor Suites (*large studio*) \$4,145 & up. Standard One Bedrooms \$5,595 & up. Deluxe One Bedrooms \$6,495 & up. Two Bedrooms available with upgrade charge. *Call for more information.*

Services and Amenities include: concierge services, Lifeline Safety pendant, weekly housekeeping, optional linen service, scheduled door-to-door transportation, restaurant dining, multiple scheduled activities, personal trainer & gym, library, barber & beauty salon and spa. Assisted Living available through on-site home care partner.

LAKE PARK RETIREMENT RESIDENCE

1850 Alice Street
Oakland, CA 94612
510-835-5511
www.lakeparkretirement.org

Continuing Care Retirement Community

Monthly Fees: *Call for current pricing information.*

Must be 65 years of age or older. Medicare Parts A and B.

Services and Amenities include: housekeeping, blood pressure clinic, billiards, sewing room, beauty salon/barbershop, social and recreational activities. Priority access to assisted living and skilled nursing services on site. Pet friendly.

MERCY RETIREMENT & CARE CENTER

3431 Foothill Boulevard
Oakland, CA 94601
510-534-8540
www.mercyretirementcenter.org

Continuing Care Retirement Community

Entrance Fee: *Call for more current pricing information*

Monthly Fees: Independent Living \$3,695 & up. Assisted Living \$5,834 & up.

Services and Amenities include: meals, housekeeping, laundry, driver services, recreational and enrichment programs. Daily Mass. Sponsor: Sisters of Mercy, affiliated with Elder Care Alliance.

OAKLAND continued

PACIFICA SENIOR LIVING - OAKLAND HEIGHTS

2361 E. 29th Street
Oakland, CA 94606
510-957-9655
www.pacificaoaklandheights.com

Independent Living, Assisted Living & Memory Care

Monthly Fees: *Call for current pricing information.*

Services and Amenities include: daily housekeeping, restaurant-style dining, chauffeured transportation, beauty & barber shop, social program and activities, library, computer, Wii gaming center, private garden, 24-hour staffing and gated parking. Pet friendly.

PIEDMONT GARDENS

110 41st Street
Oakland, CA 94611
510-596-2600
www.piedmontgardens.com

Continuing Care Retirement Community

Entrance fee: starting \$49,973 & up (*one-time fee upon entry*)

Monthly Fees: Residential Living starting \$2,930 & up; Assisted Living starting \$5,110 & up (*care costs determined by level of care required*).

Services and Amenities include: courtyard, resident garden, fitness center, full service salon/barbershop, library, designated parking space, restaurant-style dining, housekeeping, transportation, 24-hour security and emergency call system, utilities and basic cable included.

THE POINT AT ROCKRIDGE

4500 Gilbert Street
Oakland, CA 94611
510-658-9266
www.thepointatrockridge.com

Independent Living, Assisted Living & Memory Care

Monthly Fees: *Call for current pricing information.*

Services and Amenities include: weekly housekeeping and linen, professional 24-hour staff, concierge service, restaurant-style dining, local medical appointment transportation, life enrichment and recreational programs, private balconies, library and business center, fitness center and games room with pool table.

ST. PAUL'S TOWERS

100 Bay Place
Oakland, CA 94610
510-835-4700
www.jtm-esc.org

Continuing Care Retirement Community

Entrance Fee: \$55,000 (*one time entrance fee*)

Monthly Fees: starting \$3,300 & up (*depends on apartment, occupancy and level of care required*).

Seniors 62 or older with Medicare Parts A and B (*may be able to compensate when there is no Medicare coverage*) . **Services and Amenities include:** fine dining, housekeeping, linen service, maintenance and utilities, emergency call systems, 24-hour security, underground parking, rooftop garden and fitness center, scheduled transportation, social activities, spiritual and cultural events and wireless internet access for residents and guests.

PLEASANTON

STONERIDGE CREEK of PLEASANTON

3300 Stoneridge Creek Way
Pleasanton, CA 94588
925-227-6810
www.stoneridgecreek.com

Continuing Care Retirement Community

Entrance Fee: \$300,000 - \$2Million
(returnable fee call to for more details)

Monthly Fees: \$3,000 - \$5,000 determined by entrance fee and floor plan. Studios, One Bedrooms, Two Bedrooms, Penthouses and Single-Story Villas w/ garages (24 unique floor plans available).

Services and Amenities included: housecleaning & linen services, transportation services, restaurant-style dining, social clubs, recreational classes, indoor & outdoor pools, spa, tennis courts, golf course, barber & beauty salon, garden center, movie theatre, art studio, 24-hour emergency response. Pet friendly.

SAN LEANDRO

CARLTON PLAZA of SAN LEANDRO

1000 E.14th Street
San Leandro, CA 94577
510-636-0660

www.carltonseniorliving.com

Independent Living, Assisted Living & Memory Care

Entrance Fee: \$4,000 *(one-time fee upon entry)*

Monthly Fees: Studios starting at \$3,295; One Bedrooms starting at \$4,195. Care costs are additional and calculated based on care needed.

Must be 65 years old or older.

Services and Amenities include: meals included, 24-hour care and support, housekeeping, laundry, and linen services, entertainment and social programs, 24-hour café, rehab center, transportation to and from medical visits. Diabetic Management Services. Short-term and long-term stays. Respite stays for recuperative residency. Pet friendly.

MARYMOUNT VILLA

345 Davis Street
San Leandro, CA 94577
510-895-5007
www.marymountvilla.com

Independent Living, Assisted Living & Memory Care

Community Fee: \$2,800 *(one-time fee upon entry)*

Monthly Fees: Shared Room starting at \$4,700 & up with basic level of care; Private Room starting at \$5,500 & up with basic level of care.

Services and Amenities include: 24-hour trained attendants, weekly housekeeping, activity programs, scheduled transportation to doctor appointments, emergency pull cords in apartments, utilities (*water, gas, electric*) included.

UNION CITY

ACACIA CREEK at UNION CITY

34400 Mission Boulevard
Union City, CA 94587
510-429-6479
www.acaciacreek.org

Continuing Care Retirement Community

Entrance Fee: starting at \$241,000 & up

Monthly Fees: starting at \$3,300 & up.

Facility affiliated with Masonic Homes for Adults and open to the general public.

Services and Amenities include: weekly housekeeping & linen services arts & crafts, gardening, lounge & bar, indoor pool & spa, group exercise and neighborhood outings.

MASONIC HOME FOR ADULTS

34400 Mission Boulevard
Union City, CA 94587
510-471-3434
www.masonichome.org

This facility is open to Masonic Order Members (or their widows or widowers), must be 60 years of age or older.

Every effort is made to keep this information current. The Alameda County Area Agency on Aging assumes no responsibility for errors or omissions in compiling this information

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