

Adult & Aging Services

2020-2024 Countywide Area Plan '23-'24 Annual Area Plan Update (APU) Virtual Informational/Q&A Session

Prepared for the County of Alameda
Advisory Commission on Aging
May 1, 2023

Presented by
Area Agency on Aging
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Agenda

- Annual Area Plan Update (APU) 2020-2024 Overview: Goals & Objectives, Funding, Services
- Prepare for submission of 2023-2024 plan update to the California Department of Aging
- Questions & Answers/Public Comments
(please type questions and comments in the chat)





CWAP 2020-2024

2019 Needs Assessment Top Findings

- The number of isolated older adults is increasing.
- Economic insecurity is widespread, older adult employment is an emerging priority.
- Housing and homelessness is a tremendous challenge.
- Dementia services and supports are a rising priority.
- Disability and preventative health services are increasing factors.
- Elder Abuse and safety are growing concerns.





CWAP 2020-2024

Planning Definitions

- **Goals** are broad concepts reflecting the AAA mission.
- **Objectives** are specific, measurable statements of action intended to meet the goals.
- **Administrative Objectives** are ongoing AAA planning and management activities.
- **Program Development Objectives** establish a new service or expand or integrate existing services.
- **Coordination Objectives** require active participation of the AAA staff in collaboration with non-OAA funded agencies to avoid duplication and improve services.





CWAP 2020-2024

Goals and Objectives

- **CWAP 2020-2024 Goals and Objectives** reflect a commitment for shared involvement, responsibility for change, and passion for making Alameda County a place where Age-Friendly living is an everyday occurrence.
- We are very fortunate to have a team of community experts, staff, public, and consumers with the commitment, passion, and deep concern for older adults to contribute to the development of the CWAP 2020-2024 Goals and Objectives.





CWAP 2020-2024

Goals and Rationales

- **Goal 1:** Promote and enhance healthy aging throughout the lifespan by planning, developing, and sustaining an Age-Friendly Alameda County in the County's unincorporated areas, supporting healthy aging across the operations of all County Government departments, and working in collaboration with Age-Friendly cities in all regions of the county.
- **Rationale:** An Age Friendly Community includes the voice of older adults and leverages the alignment of CBO's, Cities, County departments and State initiatives to better support the growing number of older adults to age well.





CWAP 2020-2024

- **Goal 2:** Establish a coordinated approach to assessing, designing, delivering and measuring the effectiveness of programs for older adults.
- **Rationale:** All systems must be aligned and coordinated in order to effectively respond to the needs of the growing number of older residents, their increasing economic insecurity, and systemic inequities and their resulting disparities. The County has a leadership role in developing policy, infrastructure, and measurements that track the effectiveness of all programs that touch the lives of older adults.





CWAP 2020-2024

- **Goal 3:** Enhance the health, safety and well-being of older adults and caregivers by providing an array of coordinated services and developing the Alameda County Aging and Disability Resource Connection as a platform for seamless access to those services.
- **Rationale:** As the number of older adults increases, services and supports for older adults are provided across a growing myriad of CBO, City and County Departments. In order to address the complexity of older adult needs, a holistic, systematic approach is required. While Social Services may take a leadership role, it must work within a constellation of evolving systems to incorporate the needs of older adults and their support systems.





CWAP 2020-2024

- **Goal 4:** Advocate for resources, programs, and collaborative solutions to address critical issues of aging including financial and food insecurity, housing, mental health challenges, safety and elder justice, growing social isolation, complex care needs, dementia and the need for a formal and informal system of caregiving.
- **Rationale:** The growing number and percentage of older adults who are high utilizers of services and require support across multiple systems of care is increasing. The combination of functional support, chronic illness management, and the consequences of social isolation and economic insecurity make this population vulnerable and requires advocacy for resources and resource coordination.





2023-2024 APU

AAA Funding (estimated for FY23-24)

Area Plan	\$12,057,998
Title V	\$148,885
HICAP	\$ 334,643
MIPPA	\$ 88,372
SNAP-Ed	\$ 152,813
SIPP & Measure A	<u>\$ 950,003</u>
Total:	\$13,732,714





2023-2024 APU

AAA Retention of Funds

Information & Assistance	\$175,000
Public Information	\$ 10,000
Program Development/Coordination	\$ 75,000
SAMS	<u>\$ 15,000</u>
Total:	\$275,000





2023-2024 APU

Minimum Expenditure of IIB Funds

Category	Minimum Percentage of Funds Expended
Access: Information & Assistance, Health & Case Management	15% (44%)
In-Home Assistance: Visiting, Adult Day Care	15% (18%)
Legal: Legal Services & Community Education	10% (18%)





2023-2024 APU

Next Steps

- Needed from ACA: Motion, second, and approval for the AAA to submit the 2023-2024 APU to CDA.
Schedule:
 - May 1 – Information Session, 3:30p;
 - May 8 – ACA Regular Meeting, 9:15a;
 - May 25 – Public Hearing, 11a
- Feedback from the Public Hearing on May 25 will be represented in the final 2023-2024 APU draft
- Targeting **6/20/23** BOS Agenda Date





2023-2024 APU

Key Updates

- **2.5 – Veterans that are older adults:** The AAA will continue our partnership with Swords to Plowshare, advocating and establishing coordinated services for older adults who are Veterans.
- **2.7 – Age Friendly Council:** The AAA Director continues to serve on the Embracing Aging Committee of Age Friendly Council. The committee recently developed a training series targeting staff in In-Home Supportive Services, Adult Protective Services, Public Guardian/Conservators office, and Veterans Services titled the “Alameda Geriatric Workforce Enhancement Program”. The series includes training curriculums on issues impacting older adults and workers such as mental and substance abuse disorders, fall prevention, compassion fatigue, and serving adults with disabilities.
- **3.4 - Alameda County Aging and Disability Resource Connection (ADRC):** In December 2022, the Alameda County ADRC was awarded designation status by the California Department on Aging.
- **3.7- LGBTQ Community:** The AAA participated in a Plan Do Study Act for capturing LGBTQ demographics from consumers who contact our Senior Information and Assistance program.
- **Title IIIB and Title VIIA – 1G – Systems Advocacy, FY 2022-2023:**
 - Launched Healthcare Career Pathway program in Alameda County;
 - Plan to stand up a Certified Nursing Assistant (CNA) program as a local effort from the Master Plan for Aging (MPA).

View APU





Questions/Public Comments



THANK YOU

